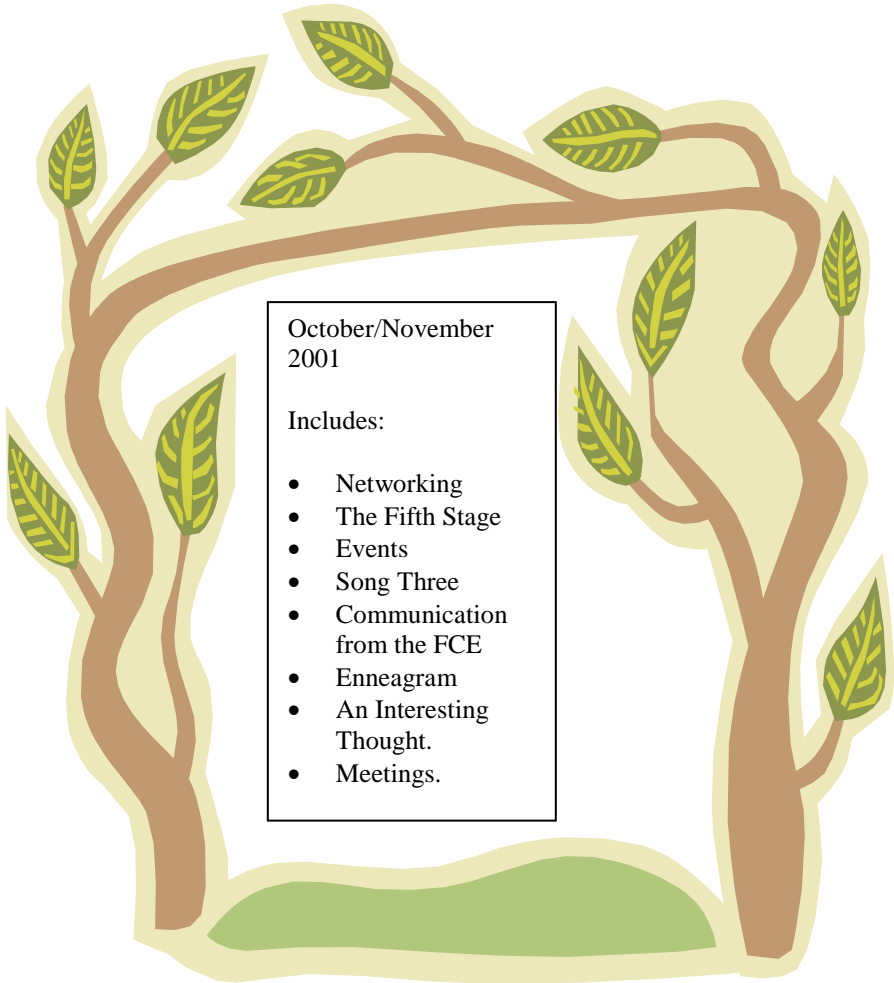


The Newsletter for Community Building in Britain

Issue Number 81.



The newsletter is issued by a growing network of people in Britain who are committed to developing community building beyond that originally described in Dr. M. Scott Peck's book, 'The Different Drum', and as further developed by the Foundation for Community Encouragement in the USA (FCE).

Editorial

I apologise for not issuing a newsletter at all during August/Sept. As you are probably aware (thanks Peter for sending out a flyer) I had serious computer troubles.

I still have computer difficulties – many files have disappeared, including clip art and other things that make the newsletter look appealing. So this issue is mostly plain print, apart from the cover, oddly enough, which was part of my plan for changing the format, and a few images recycled from salvaged files.

We have David's revised article, Anthony's description of the Enneagram and some great networking. We also have a sad letter from FCE, who are experiencing some major problems. If you wrote to me and have not been included here, please, please, e-mail again. And if you haven't written, please do, because we need your input. Not necessarily lengthy articles (though these are greatly appreciated) but snippets of information, thoughts, feelings, suggestions, feedback and inspiration. The theme for the next issue is **directions**. Talk about the path you're on – is it intentional? Do you have a goal in mind? What about CBiB, do you think it's moving, and if so, which way? Does your perception of the organisations you belong to correspond with the journey you yourself are making? I'll be very happy to receive your ideas by the end of December.

Thank you for your continued support.

Harper Child.

Harper@child98.freemove.co.uk

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Worthing,

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(01903) 202704



Letters

As a soul who very rarely feels brave enough to commit myself to print yet enjoys reading the thoughts of others, I find myself being truly 'moved' to write in response to Jemima's inspiring thoughts under the heading "Isolation". (last issue June/July 2001)

My experience of community building has taught me the need to relax and be with my personality, discover different aspects of it and allow it to surprise myself (if possible!) at times – which leads to the question – who is it that is being surprised?

This is the exciting part because there is a mystery here – if I am not my personality, then who am I? There seems to be a silent witness within me who only becomes apparent out of silence itself. This, for me, is the beauty of silence – within it are hidden treasures. It is also what makes a CBE such a refreshing, renewing experience. I can't even begin to sense who I truly am without letting the silence enfold me, take me into its depths, into the unknown, and the unknown can be a frightening place to be. This is, I think, why we have to go through "chaos" in CB – the resistance to letting go of the known, who/what we are familiar with, into the unknown – which has to be discovered before community can be reached, and true community has to be discovered rather than learnt.

Royston Timewell.

Enneagram Training Day Friday 18th January
See Anthony's article for details.

**CENTRAL LONDON
COMMUNITY BUILDING EVENT
(February 2002)
AND ONGOING MONTHLY GROUP**

A two-day Community Building Event (CBE) is scheduled for the weekend of 16/17 February 2002. The organisers have reserved a highly suitable venue near Euston, the same one that was used for the event in November 2000.

To register your interest in this event or to get more information, please contact Justin Allen or Jemima Jefferson (details below).

A monthly ongoing group in London is holding the energy for a number of us to sponsor this event. We would welcome new members to build community with, whether you wish to take on tasks related to the administration of the CBE or not.

To get details of the next monthly group meeting, please contact Justin or Jemima.

Justin Allen ph: 020 7833 1803

e-mail:
community.building@btinternet.com

Jemima Jefferson ph 020 8539 5308

e-mail: j.j@connectfree.co.uk



I invite you to create a relationship in writing and/or pictures between your stories and mine so that our communications might really celebrate our differences. I submit several alternative structures. Do you have one?

The special group of friends who wish to learn is born of common dreams.

We seek a bond of trust to make community of life, to know what lasting friendship means

Dream memories recall controls that punish SELF as anti social, stop self's voice.

Two women want formality and obligation: two men experiment with bending social rules

If having both precludes our meeting in the flesh, brings back the punishing rebuke,

We'll dance to 7 songs: we'll send our messages by phone and Internet: self-definition is our choice.

Permission to be who we are creates that bond of trust. How to organise a network we've not sussed

We are stuck with myths as models of the unknown until we're old enough to check the given facts of our lives for ourselves. The concrete thinking gives a useful check on formal and abstract thinking after adolescence, especially if teaching has been misleading with right/wrong absolutes.

We could change this by an education
that asks for authentic responses.

Pushed over the hill in my wheelchair, I
dream someone's there. Where?
She gives me a voice for How Things
Really Are in the country of careful
reflecting concentration.
She says my own experience is the best
check system against brainwashing
floods of information.



Song three.

Why do you have to be right?
You know you have to be wrong now and then before you move along.
Why do you tell me I'm wrong?
You've no right to be a judge when you know that you can't sing my
song.

I know the feeling only too well – like
Losing my way when they say, "Go to Hell!"
We are both right and we are both wrong
Together we'll learn what to do, and how to sing this song.

When we arrive at the end
of the bend
In the road, we'll see how long it takes to shift this load.

I envy you and you envy me
The other person's green grass is all we can see – but our
Grass doesn't have to be green;

When it's brown the roots are tough and live although they're never
seen

Right or wrong we'll move along
Until we find a place where we can be just who we are—where we belong
today

It's your problem if you try to make a plan for life, not mine
I do the very best I can

Whose grass is greener?

I'm glad I'm not a schemer

I'm just a dreamer who's playing for extra time.

It's so much fun to let words tumble out and then construct a poem: deny conceptual
Palaces to build our truth a home.

Yvonne continues...

(A man in our ongoing group) spoke of his dissatisfaction with the group, his unspecified ideal, and his boredom; this after a long silence. Then he opened his arms and said, "What about love?" I replied, "(name), you make love so difficult with your ideal, for yourself and others. Love is about accepting people as we are." This morning (Aug.27th.) I heard my own words come back to me. I have started accepting myself 'unhealed', as I am. I had not realised that I made healing of all the physical damage, (or of its effects on my perception), a prerequisite for my own self-acceptance - because of the myth that the shedding of someone else's blood (including casualties of World War I and II) could buy new life. I think this is an example of my mirroring his frustrated un-ease.

This Newsletter is great - and many of those interested in the email I already know; so I could talk to those I know and others could listen in as 'twere...and the myth that connects with CB for me is the 'Narcissistic Cathexis'; (Alice Miller talking about the infant gazing into its mothers eyes and vice versa.) Anyway Narcissus gazing at himself in amazement used to be quoted when preaching against 'selfishness'; that was never the point.

His image was so different from the way he felt that he wanted the 2 to become 1, and they couldn't. There is an assumption that difference is a/the bar to community; that we prefer to be with those like ourselves; that if we transcend (alter consciousness) difference all will be well.

In my personal experience I find

people like myself the most threatening. (I know I am not the only one.) Language blocks across various mindsets/value systems may be a Common Threat? The crux in the 'concentration of energy in one channel' - me/my image, mother/baby, CBers/circle, is that the price of 'becoming' the built image of community is loss of individual awareness - a contradiction, or maybe a useful paradox?

David Saunders' open letter so far makes me wonder about connections between metaphysical systems, what he calls 'developmental models', and numerical systems. If everything is overdetermined and chaos can be understood in terms of non-linear equations, with linear and closed system oases within it, then it doesn't seem to matter whether you count Binary, base 3, 4, 5, 7, 10, or the Mayan 20. The stories, the learned behaviour, the breakdown of old patterns into chaos, the rest periods of stillness, the reconstitution of new patterns from the pieces, and the phase transitions from one state of being into another, will go on whatever you call them and however you try to measure them. There is a numerical element to the rhythms in which they happen, but that is determined by the order, the accents, the bar lines, and the melodic flow of feeling. I HOPE the exalted group state is not suspension of awareness. I see the Fifth stage as the First stage, inasmuch as it is the stories that aroused interest in the process/processes before anyone tried out CBEs - (and in wooden huts or Teepees.)

I await the next instalment with eager anticipation.

Yvonne Poulson

From Gerri Morriarty...

At the beginning of September, I participated in a workshop in the Lake District, 'Ancient Wisdom for Modern Times'. I had been very interested in the work which Christopher Cooke shared at the CBIB Confluence in Sheffield, work which he had learned about in the States and in Peru, with a teacher called Don Americo. I booked a place on the workshop in June, very conscious that my spiritual and emotional batteries were running on low.

At the beginning of August my beloved father died. I was very uncertain about what to do about the workshop. In the end, I felt I should trust the process and trust my own intuition. If I thought I needed four days working with a Peruvian mystic, then that was probably exactly what I did need.

Don Americo has integrated teaching and experience from the ancient cultures of the Andes, from universal shamanic practices and from many of the world's great spiritual traditions. He works with the Spirit and with spontaneity, with energy and healing, offering a variety of insights and practical exercises which enabled me to relax deeply, make warm, strong connections with others in the group and reflect on complex spiritual ideas.

In my own journey through the workshop, I found it possible to reflect more deeply on my father's life and death, to make my connection with the natural world more vivid and vibrant, to learn more about shifting and moving positive and negative energy. I was also very conscious that Don Americo was using his own skill and power as a healer to help me re-balance and feel renewed.

Don Americo says 'I do not teach meditation. You are the meditation. How then could I teach you how to meditate? I reminde you how to meditate'. Which is the kind of remark that has kept me working, reflecting and meditating ever since. Don Americo's approach has much in common with Community Building (with

a greater (and for me very welcome) emphasis on the needs, potential and importance of the physical body). As with Community Building, I feel uncomfortable prosyletising or giving a hard sell, yet I also feel certain that others would gain enormously from the experience. So, if you are interested in gently exploring the potential of your heart, spirit, mind and body with a guide who is wise and humorous, inspiring and highly gifted, you may be interested in finding out more about Don Americo's workshops - and can do so on enquiries@5deep.co.uk or speak to Russell Jackson - 01274 872 510

Hello Harper,

I am new to CBiB - but in reading my first newsletter you have picked on one of my two most important pieces of inspirational writing in recent years. (*Mo is refering to the speech by Nelson Mandela, which begins, "Our deepest fear is not that we are inadequate. Our deepest fear is that we are powerful beyond measure..." H.*)

I have recently read *The Road Less Travelled and Beyond* and it has been a wonderful revelation to discover that my view on life and being is not unique.

I wanted to write about the use of "Our" rather than "My" - bearing in mind I know nothing about this community building stuff yet, so this is an outsiders view. I came across this piece from a bereavement counsellor and it was an immense challenge to me - especially the playing small part - as this is how, up until recently, I have lived my life. For me, the importance of the "Our" and of discovering FCE is that there is an immediate identification and welcome to this piece. Reading it, publicising my brilliance, is so scary. Even now it sounds arrogant to me. I am a gifted woman - something which has been given to me, yet all my life I have been told, expected, taught to hide my gifts, be invisible,

precisely because it does indeed make people feel insecure around me. I don't know how others have found FCE, but for me it has been a voyage of growth and discovery. My counsellor described me as an Ugly Duckling - someone born into a community where I don't belong, am alien and unwelcome - and she has encouraged me to be prepared to look for my real family. I don't yet know where or what shape this will be, but this piece, Peck's books and many other things I have heard and read over the last year or so have enabled me to begin to stop playing small.

I understand the principle of owning statements, yet sometimes, someone does have to speak for the community as a whole, surely, to allow for that sense of identification which is the fundamental cornerstone of community (IMO), to welcome the outsider in, to encourage those who are Ugly Ducklings to look up and recognise that they are in reality swans.

Mo.

merihall@netscapeonline.co.uk

from CBiB's Holding Group

We have received the letter below from The Foundation for Community Encouragement.

In trying to decide how to support FCE, the group felt that we wanted to recognise and honour their invaluable and leading role in encouraging Community Building worldwide. We remember the numerous individual facilitators from FCE who engaged in our development over here and built community with "earlier generations" in CBiB.

Our non-profit organisation here has a very different working structure to FCE's, and does not rely on large donations, depending mainly on the work of volunteers, and from income from putting on public events.

We have decided to pass on the letter widely for individuals to respond.

THE FOUNDATION FOR
COMMUNITY ENCOURAGEMENT

P O Box 17210, Seattle, WA98107-0910

Toll-free phone [in US] (888) 784-9001

inquire@fce-community.org

September 2001

Dear Friends of FCE,

I am writing to you in the days following the cataclysmic attack on the Pentagon and the World-Trade Center. I sat stunned before the television in the first hour after I heard the news, watching repeated replays of the towers collapsing and trying to absorb the extent of human loss contained in the midst of the crumbling concrete and steel. Shortly after the attack, voices from many quarters began calling for retribution. Listening to that sentiment, I yearned desperately for some alternative response.

As I made efforts to settle into the workday at the FCE office, I became aware of a painful irony. At this pivotal moment in history, when the need for strategies for reconciliation and understanding between people is starkly apparent, the organizational life of FCE hangs in the balance. The Foundation formed to teach new and liberating traditions of peacemaking and to make hope real again is facing the possibility of closure at a time when many feel, more deeply than ever, the need for a path to community among members of the human race.

Acknowledging the need for organizational transformation, the FCE Board of Directors has made decisions to change staff personnel and has appointed a Transition Team of volunteers to develop a plan for restructuring the Foundation in a way that will allow ongoing work in the days ahead. That plan will be presented to the Board in early November and a decision will be made about the feasibility, of continuing.

Certainly, many complex factors have contributed to this situation. Among those, the factor that presses for urgency in decision-making is the diminished flow of financial resources. Without a dramatic surge in donation income in the next two months, the Foundation will deplete all of its reserves and have no operating funds remaining at the end of the year. We need approximately \$60,000 to allow us to meet expenses. Historically, most of us have benefited from the work of FCE because of the generosity- of a very small group of major donors. We can no longer rely on that source alone. *If FCE is to continue, all of those who believe in its mission must step up and take their share of responsibility to make it happen.*

At this critical time, I am asking you to make a generous contribution to FCE. Can I guarantee that if you make a donation the Foundation will continue? No, I cannot. However, I can share my personal opinion that a *lack* of response to this appeal will increase the pressure toward closure. An immediate influx of financial support may allow time for new opportunities to unfold.

Since I was introduced to it nearly fifteen years ago, the work of Community Building has captured my imagination. Five years ago, I had my first opportunity to attend a workshop. Each year following, I deepened my experience through a Skills Seminar, the Leadership Education Program, and finally the Community Facilitation Program. As a complement to my private, Inner journey, those experiences of communication and connection have formed my way of being in relationship, with others, providing me deep satisfaction in the person I am becoming from day to day.

After I complete my role as interim executive director at the end of this year, I hope that FCE will still exist as a resource to support me in my journey, and I hope that it will still exist to share with

others a way to peace. I am personally willing to make a donation to sustain that hope. Are you?

Please respond generously and immediately, using the enclosed reply envelope, as our need is urgent

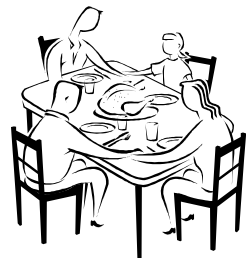
Yearning for Peace,

Larry Pennings
Interim Executive Director

P.S. If you would like to send a message to the Transition Team or the Board, you may send an email to inquire@fce-community.org with Board/T-Team in the subject heading. If you would like to keep apprised of ongoing developments in this process, you may check our website periodically at www.fce-community.org.

FCE's Founding Dream

There is a yearning in the heart for peace. Because of the wounds and rejections we have received in past relationships, we are frightened by the risk of disarming ourselves. In our fear, we discount the dream of authentic community as merely visionary. But there are methods by which people can come back together, and by which the old wounds can be healed. It is the mission of FCE to teach these new and liberating traditions, to make hope real again, and the vision act ally manifest in a world which has almost forgotten the glory of what it means to be human.



The Fifth Stage of Community... Continued, Revised, Updated!

The last CBiB Newsletter published the first part of an essay I'd written, 'The Fifth Stage of Community', about my research into development tools of different kinds, my experience with Transcendental Meditation, and how I came across Community Building. It was interesting to read this alongside Johnny Hogget's call for research into Community Building, ideas for a CB email community, reports of experiences with 'Alternatives to Violence' -- everything seemed to resonate with me. I started to think about revising the rest of the piece I'd written.

And then a couple of weeks back on September 11, I was sitting in my local café in south London, drinking cappuccino and writing an email on my portable, and I looked up at the TV on the wall, and saw shots of smoke pouring from a skyscraper. My world changed in that moment, as did pretty much everyone else's, one way or another. I started to write about my own experiences with Peace Projects within the TM movement, while watching the drama unfold on the screen. I knew there was another story that needed to be told as a counterpoint to what was shocking the world -- I've posted what I wrote about *A Technology Of Peace* on my website [4]. When first I read *A Different Drum*, I was elated and excited to find Scott Peck writing about World Peace as both necessary and

possible, and with a process to help create it. When I finally tracked down CBiB in the UK I went on my first CB event on my 50th birthday, and had a very powerful experience, an emotional awakening -- and new learnings to integrate. I soon found myself trying to get more involved with CBiB and with facilitation training, and the learning accelerated. I was working with a consultancy teaching Stephen Covey's *Seven Habits of Highly Effective People* [5], and saw some interesting parallels and synergies, and ideas towards my work with environmental groups around physical community and new settlements. But how did all this fit together?

In his book *The Fifth Discipline* [6], Peter Senge gives a useful; conceptual framework about organisational learning and learning communities. Senge says there are five disciplines needed for a full 'toolkit' for a learning organisation -- they are *personal mastery* (he talks about the Christian meditation technique of *metanoia* -- fascinating in a book for business), *team process*, *shared vision*, *systemic thinking*, and *mental models* (the ideas, paradigms, models, memes and brands that we come up with and share). Senge's book is a passionate and well reasoned argument for introducing more holistic structures in our organisations, and innovating in ways that are more ecological and in tune with nature -- in his view this is the big failing of our

institutions and culture, and this *systemic thinking* is his *Fifth Discipline*, which fits alongside the other four in his toolkit.

Using Senge's framework, I felt Stephen Covey's *Seven Habits* fitted the bill for *Personal Mastery*, and Scott Peck's *Community Building* group process was a *Team Learning* process. Senge is insistent that all five are needed for a learning organisation to get off the ground, and gives the analogy of the five different innovations needed for the first commercially successful aircraft, the DC-3. He applies this analogy back to his own work, saying his ideas are just the first cut, the turbo-prop for a successful evolving community, and that the 'jet plane' still needs to be built. I had my own ideas about mental models and their relation to sustainable settlements, but I was also very aware I needed better *systemic thinking* and *shared vision* tools.

I'd evolved my own idea of what these should look like, based on my own research into development models and how they match structures in quantum physics and Indian Vedic science. During the next few years I discovered *Zero Emissions*, a five stage process modelled on nature for eliminating waste and creating jobs, profit, and biodiversity. This fitted the bill for my systemic thinking tool, and I worked with Gunter Pauli's ZERI Foundation (Zero Emissions Research and Initiatives) during the World Expo 2000 in Hannover, Germany. Almost immediately

afterwards I discovered the ultimate shared visioning tool in David Cooperrider's *Appreciative Inquiry*. I trained in AI and am helping set up *AI Consulting* at Middlesex University.

Why five elements? It's a structure in nature, or, rather, it's the structure **of** nature, according to Indian Vedic Science. Nature, '*The Eightfold Prakriti*', has eight layers. This matches well with '*n=8 superstring*' theories in physics. Think of a coconut -- several layers of coir, flesh, milk, containing an empty space inside. Nature is said to have five outer layers, the '*Five Mahabhutas*', or great elements, and emptiness inside, which nonetheless has three aspects. 5 mahabhutas + 3 phases at the core = eightfold Prakriti. The outer husk is the gross material aspect -- the elements of *prithivi* (earth) and *jala* (water). The flesh is the energy fields -- *tejas* (fire) and *vayu* (air), and the subtlest manifest part of the universe is the container, *akasha* -- space-time itself. The inner core, transcendent to space-time is called *Sat-chit-ananda* (pure-consciousness-bliss) or *atman-budhi-manas* (Self - intellect - mind).

The surface of nature is gross, material, chaotic. The core is abstract, pure spirit, a field of perfect order and pure potential -- creative intelligence. In my research I've come to realise that these principles pop up everywhere, for good reason. Anyone looking for principles of progress in their field is usually

following some flash of intuition or peak experience (where they tunneled through to the core and had a creative insight or vision), and then has to systematically burrow down from the top through all the five outer layers. If the universe is actually built this way, there is no alternative -- any complete system or process has to include all the five elements in order to connect up, or make the transition, from gross to subtle, the surface to the core.

I have found literally dozens of processes that match this model. One thing was very important, and that was to have '*the five elements*' in a form that makes more sense, and according to Maharishi Mahesh Yogi in *The Fundamentals of Progress*, they're better translated as *stability* (earth), *adaptability* (water), *purification* (fire), *integration* (air) and *growth* (space-time). This worked for me as a Rosetta Stone to translate the widely different languages used for progress in different fields -- from Abraham Maslow's *Hierarchy of Needs* [9] about individual evolution to Tom Peters' work and Peter Senge's.

Not everyone's work fits this model perfectly, and I realised this was an important aspect of the model I've stumbled across. It allows us to have clearer insights into evolutionary processes. I'm amazed by the wisdom that I've come across in so many different authors' works, how they have intuitively, or objectively, located the same laws of nature in different

forms in their fields. And once you see the principles behind the insights, further refinement is possible. In *The Global Brain*[4], Peter Russell identified four stages of man's evolution — *Agricultural Age, Industrial Age, Information Age, Consciousness Era*. But he agrees there's a stage before the first — hunter gatherer, and so by addition his model fits the five elements model. Similarly, in Stephen Covey's *Seven Habits of Highly Effective People*, two habits are nice (but unnecessary) bookends for a five stage process that also fit perfectly.

Which brings us back to Peck's four stages of community building. Is one missing? What if you're trying to cross a river that needs five stepping stones, and one is missing? Crossing certainly becomes harder, so filling the gap should help. Revisiting Peck's 4-stage model, pseudo-community fits '*stability*' well and chaos fits '*adaptability*'. Emptiness fits '*integration*' just as community fits '*growth*'. So Peck's 4 stages fit onto this 5-element model but with a stage missed out between chaos and emptiness — this is '*purification*' in the *Fundamentals of Progress* model. In my experience, this is where community processes most easily get stuck, and require most skilled facilitation. Which is kind of what you'd kind of expect, if a step is missing?

Which brings us back to the Twin Towers. We urgently need effective technologies for peace.

Peck's work is a brilliant first step, but what's the jet plane? Part is to use Peck's process in an integrating framework with other tools, as Senge suggests. And to add the missing element, which may be '**Telling my story**'. When I tell my story, especially around peak experiences, I slip out of chaos, and into touch with my inner self. Those who listen with empathy, also tune into their inner selves - we are emptying. This process exists in a refined form, at the heart of Appreciative Inquiry, so I suggest adding AI to the CB toolkit. AI is already facilitating a World interfaith dialogue through the *United Religions Initiative* [11] and has so far reached 40 million people in five years -- growing exponentially. This is the kind of tool we need if we are to have peace in our time, not war, and "nation shall speak peace unto nation".

David Saunders
david@dns.org.uk
<http://dns.org.uk>

- [1] M. Scott Peck, *The Different Drum* and *A World Waiting to be Born*. <http://www.fcc-community.org>, <http://members.aol.com/petercbib>
[2] Tom Peters, *Thriving on Chaos*, <http://www.tompeters.com>
[3] Jim Kouzes and Barry Posner, *The Leadership Challenge*. <http://www.theleadershipchallenge.com>
[4] David Saunders, *A Technology of Peace*. <http://dns.org.uk/papers>
[5] Stephen Covey, *The Seven*

- Habits of Highly Effective People*
[6] Peter Senge, *The Fifth Discipline*. Society for Organisational Learning: <http://www.solonline.org>
[7] Gunter Pauli, *Upsizing and Breakthroughs*. ZERI: <http://www.zeri.org>
[8] David Cooperrider and Diana Whitney, *Appreciative Inquiry*. <http://www.appreciative-inquiry.org>, <http://www.taosinstitute.org>
[9] Abraham Maslow, *The Further Reaches of Human Nature*
[10] Peter Russell, *The Global Brain* (UK: *The Awakening Earth*). <http://www.peterussell.com>
A slightly fuller version of this complete article, decked out with tables, is on David's website at:

<http://dns.org.uk/papers/CBstage5.doc>



The Enneagram

Over the years I have been involved in Community Building it has done so much to help me learn to communicate with others. It helped at all levels:

- Teaching me to understand myself;
- Teaching me to communicate one to one;
- Teaching me to communicate in groups of all sizes.

But there is another tool which has been immensely helpful to me:

The Enneagram.

This is often classified along with 'Myers-Briggs' as a personality typing system.

Personally, I couldn't get along with Myers-Briggs, however I have found the simpler aspects of the Enneagram easy to understand and very applicable.

The Enneagram is an ancient Sufi system brought to the West early in the 20th century. It has a wide following in the USA and is increasing in popularity in the UK, where it is taught in a number of places.

In business it has been used to help personnel to work together in harmony; to raise understanding of strengths and challenges in teams; to get the best out of each member.

Having been on three weekend courses to learn about it and having learnt more from my wife's enthusiasm for it, I am now thoroughly convinced that it has considerable value in the understanding of individuals' attitudes and behaviours in groups and in particular in Community Building circles.

The Enneagram shows me where people are coming from and why I, and they, react in the way we do. This helps me as a participant to build better community. Not only as a participant but also as a facilitator it helps me to discern my weaknesses and therefore what work I need to do and who best to co-facilitate with in compensation for my weakness. When facilitating circles, knowledge of the Enneagram enables me to make a better judgement of what is happening and gives me the skill to make appropriate interventions. It can be especially helpful in understanding the barriers to good communication and the workings of chaos in groups.

A Training Day

Two qualified teachers have agreed to give CBiB a training day in the Enneagram on Friday, 18th January 2002 at Stanbrook Abbey, near Worcester.

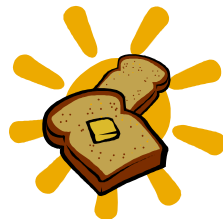
Although primarily arranged for the CBiB Facilitators Group which is meeting that weekend, the Training Day will be of interest and value to others who are trying to use CB in their lives. Hopefully, most of CBiB's facilitators will be present for the day so it will also be an opportunity for you to meet them if you have not already done so.

The training is being given free so we will be only asking for a donation to cover expenses.

10am to 5pm; please bring food to share for meals. Overnight accommodation is available at the venue, again for a donation.

Please phone (01635-47377) or email (a.kirke@ntlworld.com) me indicating your interest.

Anthony Kirke



An Interesting Thought....

If we could shrink the earth's population to a village of precisely 100 people, with all the existing human ratios remaining the same, it would look something like the following. There would be:

57 Asians
21 Europeans

14 from the Western Hemisphere, both north and south
8 Africans
52 would be female 48 would be male
70 would be non-white
30 would be white
70 would be non-Christian
30 would be Christian
89 would be heterosexual
11 would be homosexual
6 people would possess 59% of the entire world's wealth and all 6 would be from the United States.
80 would live in substandard housing
70 would be unable to read
50 would suffer from malnutrition
1 would be near death;
1 would be near birth
1 (yes, only 1) would have a college education
1 would own a computer

When one considers our world from such a compressed perspective, the need for acceptance, understanding and education becomes glaringly apparent.

The following is also something to ponder...

If you woke up this morning with more health than illness...you are more blessed than the million who will not survive this week.

If you have never experienced the danger of battle, the loneliness of imprisonment, the agony of torture, or the pangs of starvation...you are ahead of 500 million people in the world.

If you can attend a church meeting without fear of harassment, arrest, torture, or death...you are more blessed than three billion people in the world.

If you have food in the refrigerator, clothes on your back, a roof overhead and a place

to sleep...you are richer than 75% of this world.

If you have money in the bank, in your wallet, and spare change in a dish someplace ... you are among the top 8% of the world's wealthy (how scary is this one!!!).

If your parents are still alive and still married ... you are very rare, even in the United States and Canada.

If you can read this message, you just received a double blessing in that someone was thinking of you, and furthermore, you are more blessed than over two billion people in the world that cannot read at all.

Someone once said:

What goes around comes around.
Work like you don't need the money.
Dance like nobody's watching.
Sing like nobody's listening.
Live like it's Heaven on Earth.

It's National Friendship Week. Send this to everyone you consider a FRIEND. Pass this on, and brighten someone's day. Nothing will happen if you do not decide to pass it along. The only thing that will happen, if you DO pass it on, is that someone might smile because of you.

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This publication missed 'National Friendship Week', but I guess any week is a good one for smiling...

CBiB calendar

<u>Date</u>	<u>HG</u>	<u>FTG</u>	<u>Location</u>	<u>Event/comment</u>
30/11/01	HG		Douai	(Holding Group)
17/1/02		FTG	Stanbrook Abbey	(Facilitator Training Group)
15/3/02	HG		Douai	Douai is a Benedictine monastery in Berkshire
26/4/02		FTG	Douai Abbey Cottages	
14/6/02	HG		Douai	
13/9/02		FTG	Poor Clares, Baddesley Clinton	
11/10/02	HG		Douai	
29/10/02	HG		Douai	

For information or queries about dates or activities in the calendar contact Anthony Kirke, 125 Greenham Road, Newbury, Berkshire RG14 7JE Tel:01635 47377.

Community Building in Britain events

<u>Date</u>	<u>Place</u>	<u>Contact</u>	<u>Fee</u>	<u>Notes</u>
16/17 February 2002	London	Justin or Jemima (see box on page 3.)		CBE
March 16 -17	Quayside Function Room, Musselburgh Nr. Edinburgh	Rev. Ian Davidson 28, Fox Spring Crescent Edinburgh EH10 6NQ 0131 445 3381	?	Community Building Event.
23/26 May 2002	Unstone Grange, Sheffield	Suzy Adderley suzyadderley@hotmail.com	variable	CB OS Conference.

Note: - **CBE** stands for “Community Building Experience”, which provides an opportunity to build community in a large group over two days. In a “Community Building Workshop”, or **CBW**, a third day is added so that not only can participants experience the building of community but they can also learn about the process.

Other events are being arranged so keep your eye on the newsletter or web-site.

Local ongoing Community Building groups

Some groups are open to anyone interested in experiencing Community Building, some are open to you only if you have already attended a CB event, some are open all the time to new members, some may not be open to newcomers just now... Check with the local contact person.

Brighton: Meets on the second Saturday of the month. Contact Tracy on 01243 775745

Leamington Spa: First Wednesday of each month, 8pm. New members welcome. Prior attendance at a CB event is not necessary. Contact Debbie or Armando on 01926 337 409

Sheffield: Meets monthly. Contact Alison 0114 263 0177

Other groups exist but are not currently publicised. If you are interested in joining, or forming, a group please feel free to contact Peter Cooper (address below) for information and help.



General enquiries

*about Community Building in Britain, or events: Tel **07071 880858** (premium rate), write to 52 Sole Farm Avenue, Bookham, Leatherhead KT23 3DE email to PeterCBiB@aol.com, or see the Web page: <http://members.aol.com/petercbib>*

Newsletter contributions

*Please send items for inclusion in the next issue to the editor Harper Child, 40 Meadow Road, Worthing, West Sussex, BN11 2SG by **25/12/01** (Tel: 01903 202704, e-mail: harper@child98.freereserve.co.uk).*

For convenience of personal contact, the address and telephone number of letter-writers will normally be published, unless other instructions are given. Contributions of any sort (articles, pictures, poems, letters etc.), and of any length, are welcome from all involved in any way with the CBiB network. While every effort will be made to reproduce items in full, please realise that the editor may have to shorten or alter them for publication.

Subscriptions and mailings

Subscription rate [UK] to March 2001: (Apr-Jun) £10; (Jul-Sep) £7.50; (Oct-Dec) £5; (Jan-Mar) £2.50. Please send cheques (payable to "Community Building in Britain") and any address changes to: Peter Cooper, 52 Sole Farm Avenue, Bookham, Leatherhead KT23 3DE Tel: 07974 961301 (PeterCBiB@aol.com)